Reversing the Cycle of Food Insecurity and Chronic Disease in Older Americans

This conceptual framework was developed by the Tackling Hunger project as a visual overview of the negative cycle of impacts that food insecurity has on health, and the types of interventions that have the potential to reverse the cycle. Intervention intensity and dose should be considered to maximize the impact of individual interventions; alignment across interventions in a manner that is mutually reinforcing will enhance potential for reversing the cycle. The Tackling Hunger project examines components of the cycle and interventions that aim to reverse it, and offers proposals for improving health outcomes through integrated community, health care, and policy solutions.

Learn more about Tackling Hunger at:
www.phihungernet.org

The framework was adapted from a similar model developed by Hilary Seligman and Feeding America (www.feedingamerica.org/hunger-in-america/our-research/intervention-for-health-diabetes/)